

# USER MANUAL



Set up, pack down and maintenance  
instructions for the Female Urinary  
Catheter Model



## Female Urinary Catheter Model

Revision A:  
Female Urinary Catheter  
User Manual.

Product SKU:  
C100-000

Last Updated:  
30 August 2023



# Equipment

## Equipment Required:

- 1x U-Cath model
- 1x Syringe
- 1x Table Bracket kit
- 1x Knurl Screw

Catheter size: 8

## Spare Parts

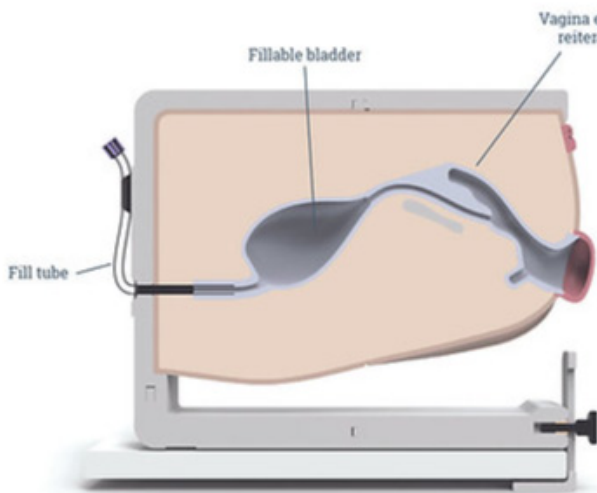
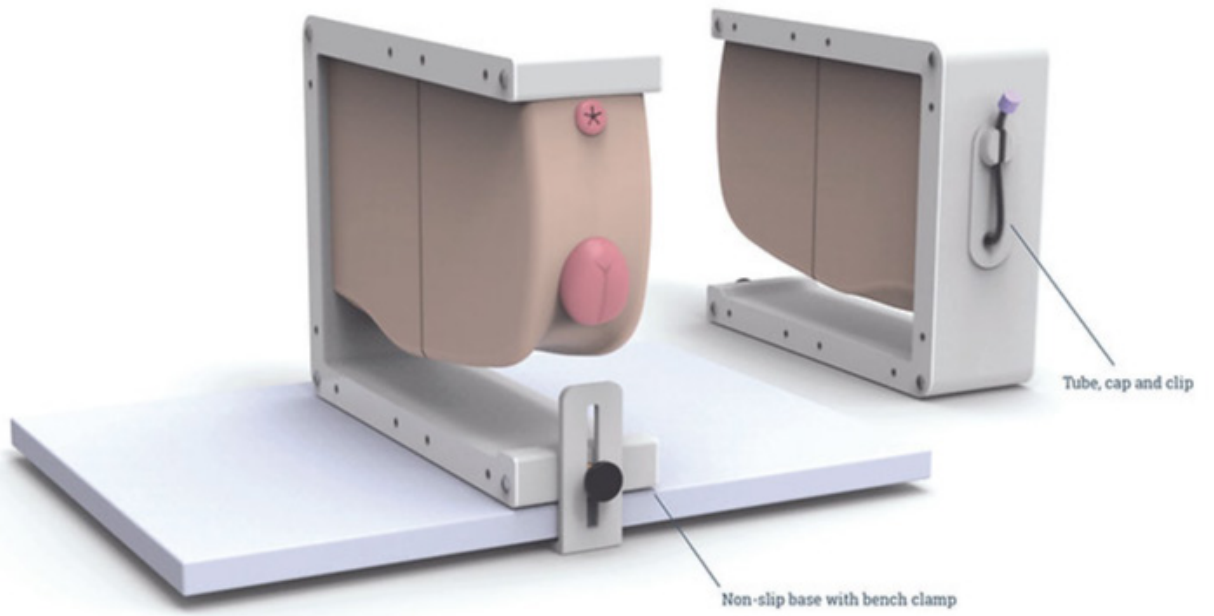
- Table Bracket Kit

For spare parts, and all other inquiries, please get in touch via our website [www.holsim.co.nz](http://www.holsim.co.nz)

## Purpose:

The Female Urinary Catheter Model helps to learn control and dexterity and where to hold the tube to be able to advance it forwards but without holding it so far back that it just bends.

It needs lots of lube, and we use an otoscope with cone as a speculum to visualise the urethral opening.



Used vertically to simulate dog lying in its front.



Used horizontally to simulate dog lying in its side.

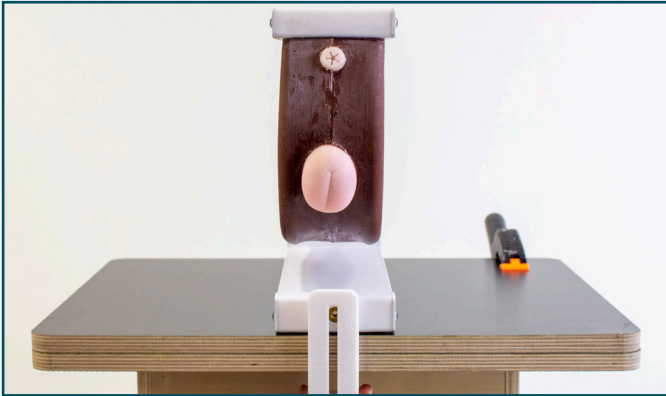


# The Parts





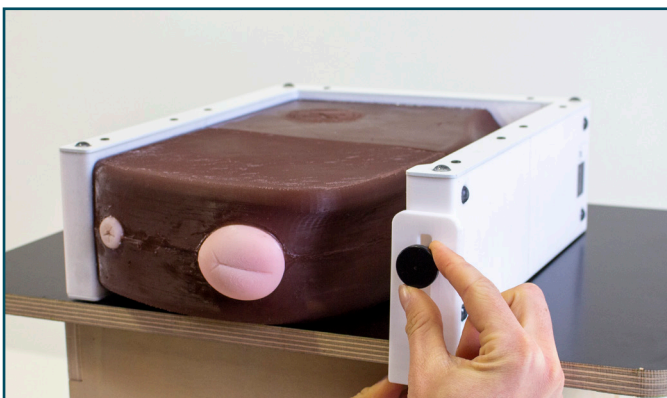
# The Set up



## 1 CRAMP MODEL TO TABLE ( VERTICAL )

**Model can be cramped to a table if required, both vertically or horizontally.**

- Place model on table.
- Position bracket hooking under table
- Secure Brackets with the thumb screw



## 2 HORIZONTAL POSITION

- Follow the same instructions as step one for horizontal mounting

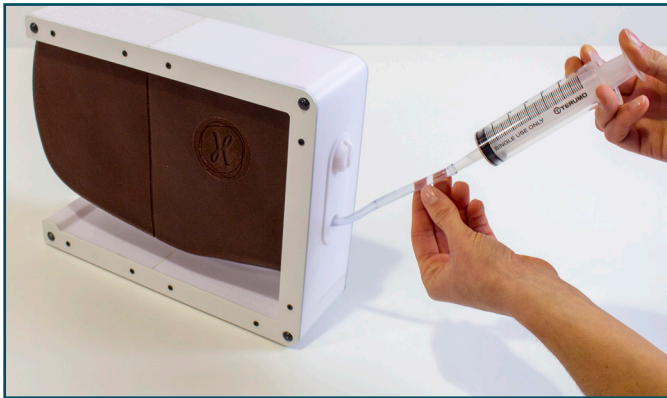


# Fill Bladder with water



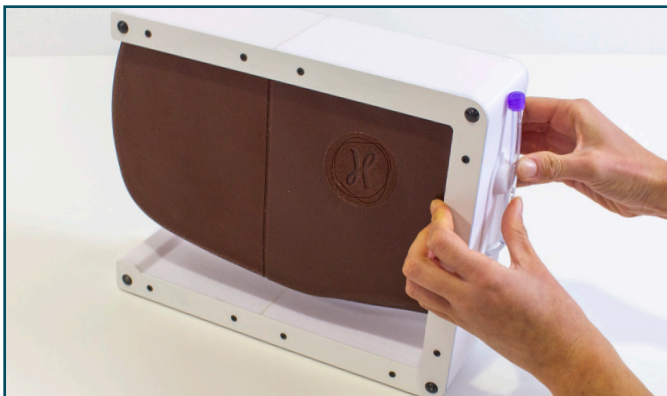
## 1 REMOVE TUBE AND CAP

- Unclip filling tube from stand.
- Remove cap from filling tube



## 2 FILL BLADDER WITH WATER

- Fill using the syringe.
- Insert syringe into tube and fill with water.
- Repeat if necessary until full.
- the bladder should hold between 50-100ml of water.



## 3 REPLACE CAP AND CLIP IN TUBE

- Replace cap on the filling tube.
- Clip filling tube back into the stand.



# Lubricate Tract



## 1 APPLY LUBRICANT

- Apply lubricant to the inside of the vagina and opening of the urethra.



## 2 READY FOR PROCEDURE

- the model is now ready to catheterise.
- Once catheter is fully inserted, water should drain from the bladder.
- If catheter is in position and water is not flowing, try removing potential air-lock, or try topping up the water in the bladder.



# Pack Down and Storage



## 1 UNMOUNT MODEL ( IF CLAMPED)

- Unscrew the knurl screw to remove the bracket.



## 2 CLEAN OFF LUBE

- Unscrew the knurl screw to remove the bracket.



## 3 INSTRUCTION

- Fill syringe with water and insert it into the filling tube.
- hold the model over a sink or container, and flush water through the bladder.
- Flushing like this should remove any lube that makes its way into the urethra





#### 4 REMOVE WATER FROM BLADDER

- You can use an empty syringe attached to the filling tube to suck out any water left in the bladder



#### 5 DRY OFF

- Dry excess water with a paper towel.
- Model can be left propped up to help drain if doing this leave the filling tube cap off to remove chance of an air lock



#### 6 PACK AWAY

- Pack model away ready for next time.







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